

# frist dough

#### INGREDIENTS

second dough

DOLCE FORNO MAESTRO	
WATER	
UNSALTED BUTTER 82% FAT	
SUGAR	
EGG YOLK	
YEAST	

## PREPARATION

- g 6.500 Start the dough with DOLCE FORNO, the yeast and 2/3 of the water called for in the recipe.
- g 3.300 When the dough begins to form, add the remaining water in several stages and continue until you

# g 1.200 obtain a smooth structure.

- g 300 Add the sugar and then the egg yolk in several batches.
  - Finish with the soft butter which will be added in 2-3 times.
  - Check that the temperature of the dough is 26-28°C.

It is recommended to create a dough by rolling out 250 grams of dough into a 1 liter jug.

- Leave to rise at 20-22°C with humidity of 70-80% or, if not provided, covered with a nylon cloth for
- 12-14 hours or in any case until the volume has quadrupled.

#### INGREDIENTS PREPARATION DOLCE FORNO MAESTRO g 4.500 The following morning the dough should be slightly rounded. g 2.200 UNSALTED BUTTER 82% FAT Add the required quantities of DOLCE FORNO and water and to the evening dough and knead for 5g 500 WATER 10 minutes. g 2.300 EGG YOLK Once the DOLCE FORNO has been absorbed, add the sugar, honey, salt and 1kg of egg yolk and SUGAR g 1.000 knead for about 10 minutes. HONEY g 200 Then add the remaining yolk in several batches (about half a kilo at a time). SALT g 100 Add the soft butter in several batches (about half a kilo at a time) until you obtain a smooth paste.

g 500

g 30

# g 4.500 Finish with the CARAMEL CUBES.

Place the dough to proof in a leavening cell at 28-30°C for 60 minutes.

Divide the dough into the desired sizes (for 1kg doves weigh 2 pieces of 450g each), then roll up and

place on baking trays or boards and leave to rest for another 15-20 minutes.

Roll up into little loaves and place in the appropriate paper moulds.

Place in a leavening cell at 28-30°C with relative humidity of approximately 70%, until the top of the dough almost protrudes from the moulds; if the cell does not have a humidifier, keep the pastries covered with plastic sheets.

# Step 3

#### INGREDIENTS

FRUTTA IN CREMA CESARIN - BLUEBERRY

To Taste

## finish

INGREDIENTS	
SINFONIA CARAMEL ORO	To Taste
BLUEBERRY GRANULES HG	To Taste

## **FINAL COMPOSITION**

Once leavening is complete, leave the doves exposed to the ambient air for 10 minutes so that a light skin forms on the surface.

Cook at 170-180°C for variable times depending on weight until reaching 92-94°C at the core.

Freshly baked doves must be left to cool in an upside down position for 8-10 hours.

Once cold, fill with FRUTTA IN CREMA BLUEBERRY Cesarin.

Coat with tempered Sinfonia Caramel Oro Chocolate and decorate with blueberry granules HG Cesarin.





# RECIPE CREATED FOR YOU BY MARCO DE GRADA

PASTRY CHEF, CHOCOLATIER AND BAKER

